

Supper Menu 3

Day	Monday	Tuesday	Wednesday	Thursday
Salad & Fruit Bar	Assorted Salad & Fresh Fruit Bar Dessert	Assorted Salad & Fresh Fruit Bar Dessert	Assorted Salad & Fresh Fruit Bar Ice cream  	Assorted Salad & Fresh Fruit Bar Dessert
Western	Beef Steak, Oregano Sauce   	Sausage Pizza     	Crumbed Chicken Supreme    	Glazed Ham, Onion Gravy   
Side Vegetable	Young Cabbage	Fried Cabbage with Ginger and Shallot  	Eggplant Compote  	Green Pea and Carrot
Side Dish	Roasted Potato	Potato Gratin  	Mac and Cheese  	Mashed Potato
Asian	Pork Char Siu   	Steamed Pork Galette with Mushroom   	Seafood Rice Noodle in Hot and Sour Soup    	Chicken and Shrimp Tom Yum Noodle    
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice
Vegetarian Dish	Vegetable Lasagna   	Pizza Margherita   	Baked Bean and Vegetable with Tomato Sauce  	Gobi Masala, Spring Onion Roti  
Soup	Bortsch 	Minestrone 	Mushroom  	Vegetable Broth  



Please be aware that items on this menu may change or be unavailable at certain times.

Dates of Menu 3 cycle
 09.09-12.09
 07.10-10.10
 04.11-07.11
 02.12-15.12