

Dairy

Egg

Celery

Soybeans Mustard

Sesame Seeds

Lunch Menu 31 Mar -03 Apr



		HONG KOY			HONG KONG
	Monday	Tuesday	Wednesday	Thursday	Friday
Salad & Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	Assorted Salad & Fresh Fruit Bar	
Meal A	Thai Style Fried Shredded Chicken with Rice Noodle	Beef and Chinese Mustard Green with Rice	Char Siu Pork with Rice	Fish & Chips	
Meal B	Pasta Napolitana with Mixed Bean (V)	Sliver Needle Noodle with Assorted Pepper (V)	Spinach, Mushroom and Quinoa Pita Bread (V)	Stir-fried Vegan Pork Collar and Mushroom (V)	
Chef's Choice	Baked Fish Fillet in Tomato and Herbs Sauce with Rice	Stewed Pork Knuckle With Roasted Potatoes	Slow-cooked Chicken Breast in Onion sauce with Rice	Steamed Squid and Garlic with Vermicelli	
Vegetable	Sauteed Shanghai Brassica	Wok-fried Choy Sum	Sauteed Broccoli	Butter Green Pea	
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	
Beef Pork C	hicken Fish Crustacean Shellfish	Wheat	Please kindly note that items on this menu may change or be unavailable at certain times.		
		(∨)	Designated meal selection for EYC Suitable for lacto-ovo vegetarians		